

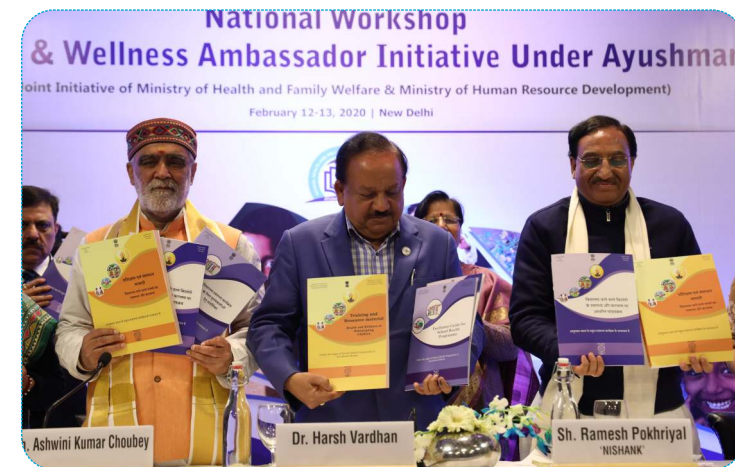
School Health and Wellness Programme (SHWP) - Catering to the health needs of India's Children and Adolescents



India, home to 253 million adolescents, instituted one of the largest adolescent health programmes in the world, Rashtriya Kishor Swasthya Karyakram (RKSK) to cater to the health needs of its adolescents and protect its demographic dividend.



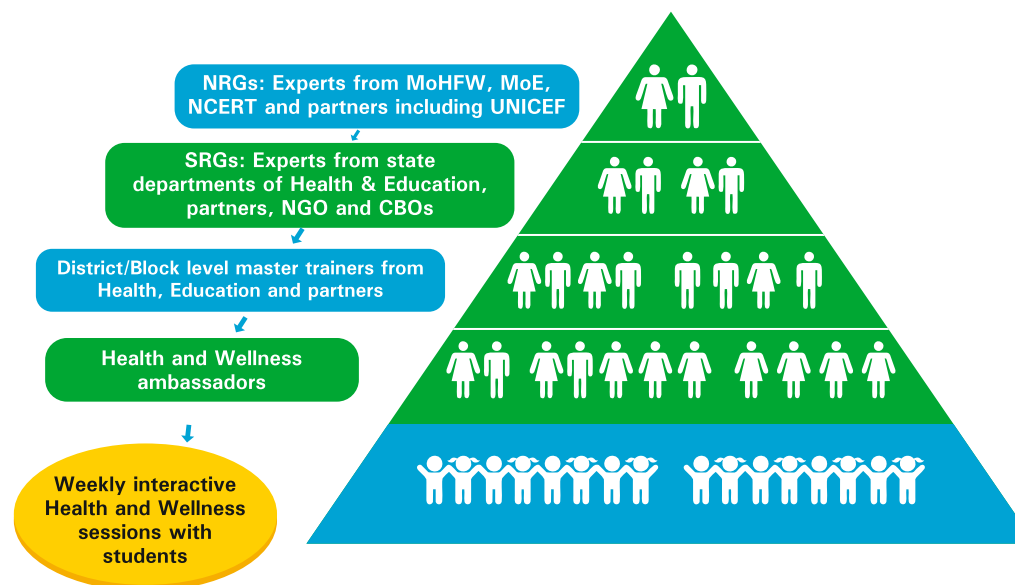
Honourable PM Modi launched the National SHWP (School Health and Wellness Programme) under Ayushman Bharat in April 2018 in Bijapur, Chhattisgarh. The programme aims to address the health and wellness needs of school going children.



The detailed curriculum and training modules of SHWP was launched at the national level on 12 February 2020 by the Hon'ble Ministers of Education and Health. UNICEF supported the MoHFW in the launch and subsequent orientation of states on SHWP.



The national launch was followed by capacity building of the State Resource Group (SRG) by the National Resource Groups (NRG). These SRGs are key to rolling out SHWP in states.



During the COVID-19 pandemic, MoHFW and MoE decided to roll out the trainings through virtual platforms and thus the training materials were adapted to digital platforms. UNICEF supported the trainings with creation of videos for the training modules within a period of one month. The final outcome was the training of over 50 NRGs and over 1,700 SRGs. UNICEF is also the lead partner for eight critical states for the implementation support to SHWP.

Eleven Themes of Curriculum



The SHWP is anchored around 11 key thematic areas to impact the knowledge, attitudes and behaviours of students. These students are then envisaged to become the agents of change for their families and communities.

Ultimate coverage targets of SHWAI

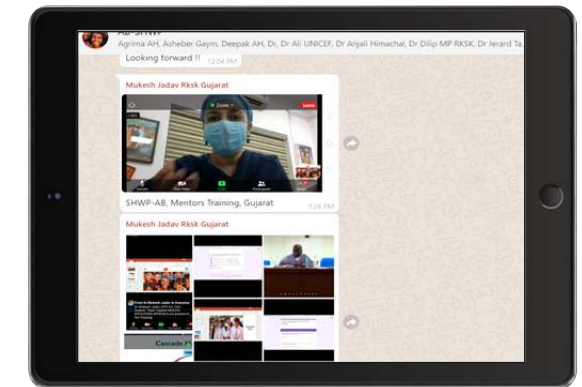


247 Lakh in 1.1 Lakh Schools	Senior Secondary Students (Class 11 to 12)
391 Lakh in 1.4 Lakh Schools	Secondary Students (Class 9 to 10)
675 Lakh in 4.3 Lakh Schools	Upper Primary Students (Class 6 to 8)
1291 Lakh in 8.4 Lakh schools	Primary Students (Class 1 to 5)

Source: U-DISE 2016-17



Target 260 million children through Health and Wellness Ambassador Initiative

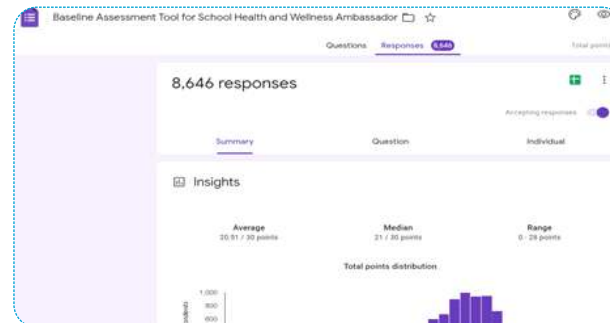


The SRG members are providing ongoing training to the HWAs (school teachers) in cascade mode across all states.

Various National level and State level SRG WhatsApp groups have been created for cross learning between states.



MoHFW also trained quality assurance mentors from all the 36 States/UTs through online platforms. The primary role of these mentors is to monitor the quality of HWA trainings.



A baseline assessment of the SHWP is also being planned and UNICEF is leading this for its eight lead states.

Package of Services under School Health Programme

School Health Promotion Activities	<ul style="list-style-type: none"> Age appropriate learning for promotion of healthy behavior and prevention of various diseases Delivered through school teachers trained as Health and Wellness Ambassadors
Health Screening	<ul style="list-style-type: none"> The screening of children will be continued for 30 identified health conditions for early detection, free treatment and management through dedicated Rashtriya Bal Swasthya Karyakram (RBSK) mobile health teams
Provision of Services	<ul style="list-style-type: none"> Iron Folic Acid (IFA) tablets, Albendazole administration will be provided by teachers through IFA Supplementation and National Deworming Day (NDD) programme respectively. Provision of Sanitary Napkins through Menstrual Hygiene Scheme (MHS). Age-Appropriate Vaccination
Electronic Health Records	<ul style="list-style-type: none"> Electronic health record for each child

SHWP is integrated within the overall school health packages. When fully implemented, it is expected to empower India's 260 million school children and adolescents with key information on preventive and promotive health services and link them to essential primary health care services.