



Ministry of Health
and Family Welfare
Government of India



Ministry of Education
Government of India



Health and Wellness Messengers under Ayushman Bharat - School Health and Wellness Programme (AB - SHWP)

Your roles:



Keep yourself well informed on the AB - SHWP themes



Share your ideas with Health and Wellness Ambassadors (HWAs) for conducting sessions



Encourage your classmates/friends to attend weekly AB - SHWP sessions



Inform your HWAs about any incidences like bullying, violence etc.



Support HWA to **set up a question box**. Tell students to drop their questions in the box



Meet your HWAs every month to **share your challenges**



Support HWAs in organizing **thematic school assemblies**



Support HWAs in celebrating **Adolescent Health and Wellness Days**



Support fellow HWMs in their work



Spread awareness related to **adolescent health and well-being** in your school, family and community

